



INTERNATIONAL
PATIENT SUMMIT



DakshamA Health & Education
Your Voices Your Choices



PAIR
Patient Academy
for Innovation & Research

AGENDA

2nd INTERNATIONAL PATIENT SUMMIT 2025

7th-8th March

[https://www.pairacademy.org/patientsu
mmit.php](https://www.pairacademy.org/patientsummmit.php)

New Delhi



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Health, Climate, Community: Uniting stakeholders for Action

DAY 1

Registration (9:30 - 10:00 IST)

10:00 - 10:45 IST

Inaugural Session

10:00 - 10:15 IST

Welcome Speech

10:15 - 10:25 IST

Lamp Lighting

10:25 - 10:45 IST

Keynote Speaker

Tea Break (10:45 - 11:00 IST)

11:00 - 12:00 IST
Plenary 1

Climate and Health: Crafting a Unified Response to
Global Challenges

Moderator

Opening and closing

Speaker 1

Overview of the current climate trends in the Asia-Pacific region and their direct impact on health.



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Speaker 2	Best practices and key challenges that governments face in integrating climate change into public health planning and policy development.
Speaker 3	Implications of climate induced rise in diseases and overview of innovations and technologies to address climate-related health challenges.
Speaker 4	Challenges and opportunities for the communities to collaborate in addressing climate-related health issues
Interactive Session (12:00 - 12:15 IST) - Quiz	
12:15 - 13:15 IST Plenary 2	The Hidden Health Crisis: Exploring the Links Between Climate Change and Chronic Conditions
Moderator	Opening and closing
Speaker 1	Impact of climate change on COPD, CVD and Cancers including heat stress and air pollution along with preventive strategies and lifestyle modifications to mitigate these risks.
Speaker 2	Tobacco, Alcohol, and Occupational Hazard- increasing risk factors of NCD - what can patients and families do to protect themselves



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Speaker 3	The forgotten mental health in patients living with chronic conditions - how can we integrate mental health into all healthcare?
Speaker 4	Digital health enhancing access to care - solutions and opportunities
Lunch Break (13:15 - 14:15 IST)	
Interactive Session (14:15 - 14:30 IST) - Quiz	
14:30 - 15:30 IST Plenary 3	Climate Change and Communicable Diseases: A Multi Stakeholder Perspective
Moderator	Opening and closing
Speaker 1	Impact of climate change on risk factors of communicable diseases
Speaker 2	The impact of climate change on global threats such as AMR: especially in low-income communities in the Asia-Pacific region.



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Speaker 3	Policy recommendations on improving food and water security for disease prevention.
Speaker 4	Combatting climate change through vaccines and preventive strategies
Interactive Session (15:30 - 15:45 IST) - Quiz	
15:45 - 16:45 IST Plenary 4	The Climate Divide: Addressing the Impact on Vulnerable Communities
Moderator	Opening and closing
Speaker 1	Stresses created by climate change, leading to rising depression and suicides - glimpse into youth mental health
Speaker 2	Changing demographics of the world focusing on elderly care
Speaker 3	The physical, emotional, and spiritual needs in palliative care for patients- strategies to improve accessibility and equity in palliative care services



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Speaker 4	Reaching the last mile: benefits of mHealth and Point-of-Care diagnostics
End of Day Tea (16:45- 17:00 IST)	
Networking Dinner (20:00 IST onwards)	
DAY 2	
Recap of Day 1 and Opening Speech for Day 2 (10:00 - 10:15)	
10:15 - 11:15 IST Plenary 5	Gender Dimensions in Climate Change-Induced Health Complications
Moderator	Opening and closing
Speaker 1	The connection between environmental toxins, climate change, and rising infertility rates.
Speaker 2	Ensuring equitable access - strategies for prevention and treatment for chronic conditions in women



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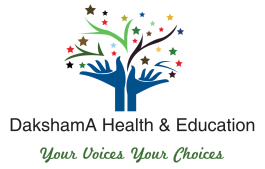
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Speaker 3	Digital health solutions for early screening and post-treatment management - opportunities and challenges.
Speaker 4	Mental Health and Endometriosis/ PCOS
Tea Break (11:15- 11:30 IST)	
11:30 - 12:30 IST Plenary 6	Rare Diseases: Navigating New Challenges in Healthcare
Moderator	Opening and closing
Speaker 1	Understanding burden of disease: role of patient registries
Speaker 2	Access to cutting-edge developments such as personalized medicine and their implications for future care: challenges and innovative solutions in conducting clinical trials in LMICs.
Speaker 3	Role of robust health systems in navigating rare diseases: exploring successful policies and frameworks for addressing rare diseases.



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Speaker 4	Role of community in creating support networks that connect rare disease patients with local resources.
Closing Remarks (12:30- 13:00 IST)	
Lunch (13:00 - 14:00 IST)	
Post lunch open slots	

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