



CONCEPT NOTE

2nd
INTERNATIONAL
PATIENT SUMMIT
2025

7th-8th March

[https://www.pairacademy.org/patientsu
mmit.php](https://www.pairacademy.org/patientsu
mmit.php)

New Delhi



INTERNATIONAL
PATIENT SUMMIT



2ND INTERNATIONAL PATIENT SUMMIT 2025

PAIR is pleased to share the concept note for our **2nd International Patient Summit (IPS 2)**. This is the **regional** event for all stakeholders working to improve healthcare systems within their countries. The 2nd International Patient Summit will bring together expertise and experience in how to build community-driven resilience to climate-induced and impacted health issues, fostering patient dialogue and actionable strategies through plenaries with keynote speakers and a range of parallel sessions. The Summit will provide a regional platform for **high level policy debate, knowledge and skills building and opportunities for exchange and networking.**

Summit Theme

The Summit theme is **“Health, Climate, Community: Uniting stakeholders for Action” with the inclusion of patient voice.** Building on the principles of equity and inclusion highlighted in the 1st IPS, this Summit emphasizes the vital role of community engagement and patient involvement in co-designing and implementing strategies to combat health issues exacerbated by climate change.

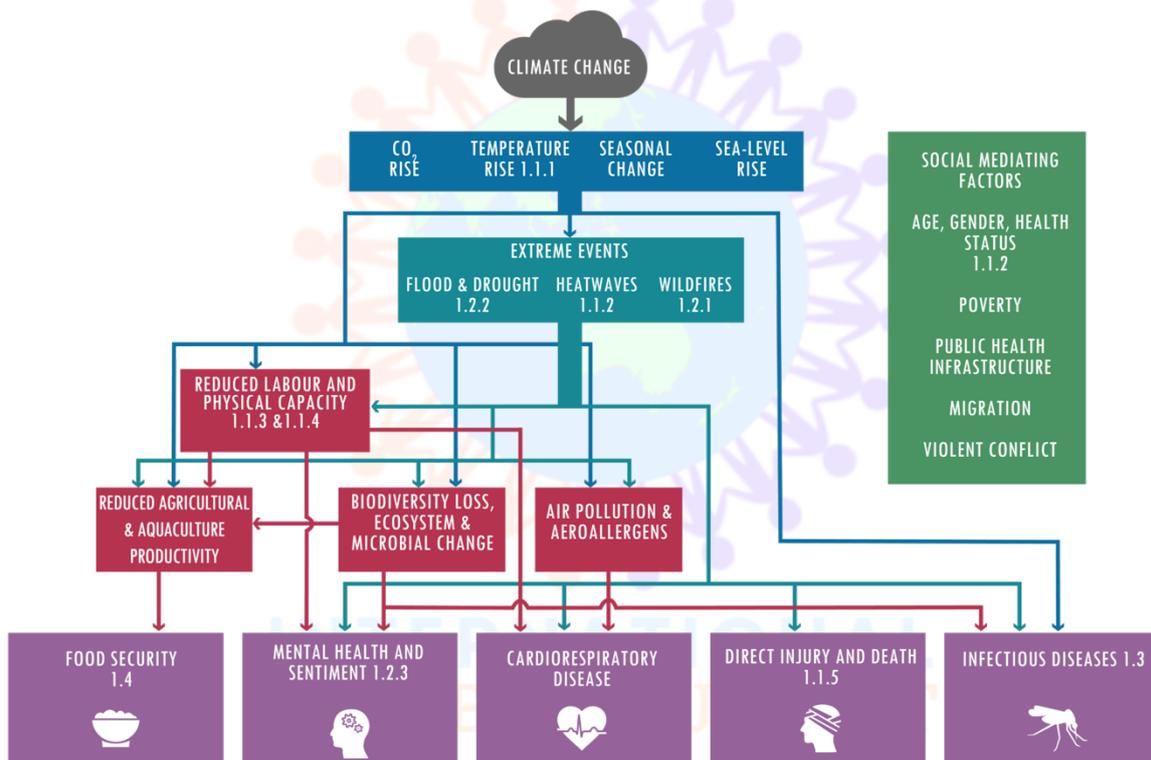
Our post-pandemic world faces a daunting challenge in managing the rising burden of illnesses due to existing health disparities, strained healthcare systems, and heightened prevalence of chronic conditions, having only been worsened by extreme climate changes. While significant progress has been made in combating the immediate threats, the long-term impact on global health is becoming increasingly evident. In 2018-2022, people experienced on average 86 days of health-threatening high temperatures annually¹, with 127 million more people experiencing moderate or severe food insecurity in 2021 compared to 1981-2010². According to the 2024 State of Global Air report, air pollution accounted for 8.1 million deaths globally in 2021, becoming the second leading risk factor for death³. Asia-Pacific countries experienced, on average, six natural disasters a year over the past three decades, with over 64 million people being affected in 2022 alone⁴. This is only going to worsen as between 2030 and 2050, climate change is expected to cause approximately 250,000 additional deaths per year, from undernutrition, malaria, diarrhoea and heat stress alone⁵.

It is safe to say that climate change not only causes death directly through extreme weather events and affects health indirectly by disrupting agriculture, access to healthcare facilities and contaminating safe drinking water, but it also exacerbates the symptoms of various illnesses directly, such as

2ND INTERNATIONAL PATIENT SUMMIT 2025

worsening asthma and respiratory conditions due to increased air pollution and aggravating cardiovascular diseases as rising temperatures place additional stress on the heart and circulatory system.

INDICATORS OF CLIMATE CHANGE IMPACTS, EXPOSURES, AND VULNERABILITY



Source: [Lancet Countdown on Health and Climate Change](https://www.thelancet.com/series/countdown-on-health-and-climate-change)

Despite global efforts such as the conclusion of the first 'global stocktake', the pace and scale of action remain insufficient, thus accelerating the adverse effects of environment on public health. There is an urgent need to recognize the interconnected nature of these challenges and harness the power of collective action and community engagement, to catalyze transformative change towards a healthier, more sustainable future. Through this summit, we aim to explore various intervention points at the multi-stakeholder level to combat this rising burden of illnesses and enhance the healthcare sector's disaster preparedness.



INTERNATIONAL
PATIENT SUMMIT



DakshamA Health & Education
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2ND INTERNATIONAL PATIENT SUMMIT 2025

CONCEPT NOTE

In the G20 summit hosted by India in 2023, the United Nations Environment Programme (UNEP) was added to the One Health collaboration emphasizing on the interconnectedness between climate change and healthcare. The WHO Guidance for Climate Resilient and Environmentally Sustainable Health Care Facilities was also published to enhance the capacity of health care facilities to protect and improve the health of their target communities in an unstable and changing climate. However, in all these measures undertaken, the patient voice has been grossly underrepresented in the health systems, leading to shortcomings in the initiatives undertaken.

Historically, healthcare solutions have often overlooked the perspectives of patients, which can lead to strategies that, while well-intentioned, may not fully address the nuanced needs of diverse communities. Incorporating patient perspectives ensures that solutions are not only scientifically sound but also practically relevant and culturally sensitive. This inclusion is paramount in decision-making processes, to identify solutions that are feasible, practical, and effective while also resonating with and engaging the community as a whole.

In this summit, we will explore topics such as the availability of innovative options such as digital health and point-of-care services as means to significantly improve healthcare accessibility when healthcare centers might not be reachable. Furthermore, by considering the specific needs of diverse groups, including youth, women, the aging population, and individuals living with chronic conditions or rare diseases, we aim to make healthcare truly inclusive. Additionally, by examining policies that span the entire healthcare continuum—from early screening and prevention to disease management, treatment, and end-of-life care—we strive for a holistic approach to universal health coverage.

Through this summit, we strive to create a healthcare landscape where innovation meets inclusivity, and every individual is empowered with the tools and support they need to lead healthy, fulfilling lives.



2ND INTERNATIONAL PATIENT SUMMIT 2025

INTERNATIONAL PATIENT SUMMIT 2 - 2025

IPS 2 is a great platform to bring together the patient movement in region closer together. The Summit aims to bring together around 150 patient advocates in person and several online, in the Asia-Pacific region to share their insights, perspectives, experiences and best practices on the need for climate triggered illnesses in the region. It is also an opportunity for PAIR to promote its mission to help build patient-centered healthcare across the region and to encourage the formation of national alliances of patient groups.

The Summit is organized by PAIR and co-delivered by Dakshayani and Amaravati Health and Education (DakshamA Health)

OBJECTIVE

- To bring together key stakeholders to discuss the impact of climate change on health throughout the Asia-Pacific region.
- To share best practices from the region and build capacities through learning opportunities.
- To build capacity of multi-level stakeholders and help them into taking actions.

TARGET AUDIENCE

The Summit is targeted at the regional healthcare stakeholders and will include:

- Patient advocates
- Government and policy makers
- Industry representatives
- Healthcare professionals
- Academics and researchers
- Regulators



2ND INTERNATIONAL PATIENT SUMMIT 2025

ABOUT THE ORGANIZERS

PAIR

The PAIR Academy is set-up to develop and maintain capacity amongst patients across the globe, so that they can engage with their health-systems in a more meaningful and strategic manner and can be equipped to better care for themselves and others, by framing their experience with an evidence-based expertise and share with patients with same or similar conditions and diseases.

The PAIR Academy is envisioned as an enabling environment that will offer capacity building, knowledge and experience exchange and create a base of expert-patients in specific topic and disease areas, capable to be involved in and enjoy the healthcare excellence.

Where required, PAIR Academy also undertakes specific research and involves patients as co-investigators, co-authors, and expert advisors to enhance the quality of research inputs. Patients and families, especially caregivers, often lack the knowledge and information needed to be able to express their needs and experiences in a coherent manner. Many are passionate about the cause but do not have the tools to reach out to other families and patients or capture the experiences to distill them into scientific knowledge that can be used by various stakeholders to build better systems of healthcare.

The Patient Academy was set up to fulfil this gap and enable patients to learn at their own pace and time. The platform uses open-source software and has been set up by patients themselves.

DakshamA Health:

DakshamA Health aims to serve the Health and Education Sector, and work on capacity building, awareness generation and health education for the service providers as well as patients and caregivers. Since 2012 DakshamA has successfully conducted several projects in the health space and the work spans around Chronic Non-Communicable and Rare Diseases.



INTERNATIONAL
PATIENT SUMMIT



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2ND INTERNATIONAL PATIENT SUMMIT 2025

DakshamA is committed to empowering the community with an accessible, efficient healthcare system that improves the safety and quality of care of patients with diseases and works on capacity building and awareness in India, through prevention, advocacy, education, and collaboration amongst stakeholders within the community. DakshamA occupies a niche segment in the healthcare space, with an Advisory Board comprising some of the best clinical specialists in India. DakshamA strongly supports the belief that most diseases are preventable through early education and proper health management, use of technology and Information provision through IT and modern methods of healthcare.



INTERNATIONAL
PATIENT SUMMIT